

Our Vision
*Excellence in education,
community, and self for
success in tomorrow's
opportunities.*



Our Mission
*Maximize and foster
learning and growth for all
through continuous
improvement.*

Stanton School Athletics and Clubs 2023-2024

Extracurricular and Athletic Activities Academic Eligibility

Selection of members or participants in extracurricular and athletic activities is at the discretion of the designated teachers, sponsors, and coaches.

In order to be eligible to participate in extracurricular and athletic activities, a student must not be failing any classes on the grade report that is printed at 3:15 on Fridays. Any student failing to meet academic requirements may not participate in any extracurricular activities from Monday through the following Sunday. When a student turns in a late assignment to his/her teacher, it is up to the discretion of the teacher as to when the grade will be entered into the gradebook in a reasonable amount of time.

Attendance Policy

A student who is absent from school four (4) periods of the day or more are ineligible for any extracurricular or athletic activity on that day unless the absence has been approved in writing by the principal. Exceptions may be made by the designated teacher, sponsor or coach for: 1) a pre-arranged medical absence; 2) a death in the student's family; or 3) a religious ceremony or event.

A student who has been suspended from school is also suspended from participation in all extracurricular and athletic activities for the duration of the suspension. A student who is absent from school on a Friday before a Saturday event will be withheld from Saturday extracurricular or athletic activities.

**Stanton Middle School
101 Hawthorne Lane, Fox Lake, IL 60020**

**Principal--Jeff Sefcik
Assistant Principal--Rachelle Peters**

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Basketball (girls & boys 6-8): Basketball is a competitive high energy sport where students who love basketball are given an opportunity to strive. Team members are expected to attend every practice and give 100% each time they step on the court while meeting academic expectations. Players will be required to participate in rigorous conditioning drills while learning plays, presses and defenses. Teams will compete with other schools in our Lakes Conference. Tryouts for boys are in October and tryouts for girls are in December. Students must have a current physical on file in order to tryout.

Cost: \$25

Basketball Clinic (girls & boys 5-8): Students who are interested in trying something new and learning about basketball are welcome to participate. This group is made up of students with varying skill levels. Everyone is encouraged to improve their basketball skills while having fun! Students will participate in different drills and scrimmage with other students. The boys' clinic is in September and the girls' clinic is in September & October.

Cheerleading (girls 7-8): Cheerleaders help to promote school spirit during the boys basketball season as well as demonstrate their athletic and dance talents. The cheerleaders attend and cheer at all boys' basketball home games. The cheerleaders also participate in the Cheer Exhibition at Park School in December. Cheerleading tryouts are in October. Students must have a current physical on file in order to tryout.

Cost: \$25

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Cross Country (girls & boys 5-8): Cross Country is divided into a boys team and a girls team. These teams compete in a wide array of events ranging from dual meets to large invitational meets. Cross Country meets consist of either a 1.5 mile JV race or a 2 mile Varsity race; with the top 10 runners from each team being considered Varsity. The teams compete in the IESA and are eligible to participate in the Sectional meet for a chance to compete at the State Finals. Cross Country begins in August and ends in October. Students must have a current physical on file in order to join the team.

Cost: \$25

Fitness Club (girls & boys 5-8) : Fitness Club meets before school to work on cardiovascular fitness, muscular endurance, strength and flexibility through circuit training stations and a variety of exercises.

Homework Club : The after school homework club meets every Tuesday and Thursday from 3:05-4:05 P.M. and offers a casual setting to work independently or collaboratively on homework. Students can use this time to work on homework in any academic area, reading, or any other projects. Students must make their own arrangements for transportation home and be picked up by 4:05 P.M.

Scholastic Bowl (girls & boys 5-8): Scholastic Bowl is an academic competition with a quiz-bowl format designed to encourage and promote academic excellence. Students are asked questions which demand quick recall of facts from all academic areas, as well as general knowledge, current events, sports and the arts. Scholastic bowl is a part of the IESA, so students can compete against other schools in the area. Tryouts for the team are in January, and competition could lasts through May.

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Soccer (girls & boys 6-8): Much emphasis during the soccer season is placed on soccer fundamentals: passing, kicking, trapping, dribbling, throw-ins, etc. Collective team defense is also a major focus during the season. Most days of practice include some time spent scrimmaging. Teams will compete with other schools in our Lakes Conference. Tryouts for soccer are in August. Students must have a current physical on file in order to tryout.

Cost: \$25

Student Council (girls & boys 5-8): Every student is welcome to join Student Council. Student Council is responsible for planning and running many school events including donut days, spirit days, selling of Boo Grams, Valentines Day dance, Cupid Grams, Leukemia and Lymphoma Fundraiser and an amazing Community Service Project. There are four Student Council officers: President, Vice President, Secretary and Advertiser. Students are welcome to run for a Student Council office or to be a member. No Student Council member can do everything but every Student Council member can do something. Joining Student Council is a great way to share new ideas and to be a part of Stanton School. Student Council runs throughout the year.

Study Hall: The study hall program is open to all students and meets from 3:05-4:15 P.M. Monday through Friday (except on Wednesday).

Track (girls & boys 5-8): Track provides athletes the opportunity to compete interscholastically in running (including hurdles), long jump, high jump, shot put, and discus events. Track is part of the IESA so students who qualify may compete at Sectionals and the State Track Meet. Track tryouts are in March and meets run through May. Students must have a current physical on file in order to tryout.

Cost: \$25

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Variety Show (girls & boys 5-8): Students shine onstage in the annual Stanton School Variety Show. Students can sing a song, play an instrument, dance, recite a poem, perform a skit, or create a performance from a variety of other talents.

Volleyball (girls 6-8): Volleyball players will increase their skills while competing with other schools in our Lakes Conference. Tryouts for volleyball are in August. Students must have a current physical on file in order to tryout.

Cost: \$25

Volleyball Clinic (girls & boys 5-8): Volleyball clinic provides students the opportunity to learn and practice volleyball skills for game play. Students will learn how to serve, bump, set, and spike in a non-competitive environment.

Wrestling (girls & boys 5-8): The Stanton wrestling program stresses safety while offering the opportunity to achieve the goal of improving as a wrestler. The wrestlers work on general conditioning and basic moves while constantly striving to improve. Wrestling is a part of the IESA so students who qualify may compete at Sectionals and State. Wrestling tryouts are in December and the season lasts through March. Students must have a current physical on file in order to tryout.

Cost: \$25

Yearbook (girls & boys 5-8): In yearbook, students serve as photographers and are able to design and edit Stanton's yearbook. Yearbook allows for students to demonstrate their creativity through capturing the perfect shot to designing an eye-catching page. Yearbook runs throughout the year.

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